

RYAN J. RUSSELL, PhD

PSYCHOLOGY | LEARNING & DEVELOPMENT | LEADERSHIP | AI EVALUATION | COACHING | RESEARCH | WRITING

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PROFESSIONAL PROFILE

PhD-trained learning, behavioral-science, coaching, and evaluation professional with an MEd in Counseling & Human Relations. Experience spans adult learning, career development, curriculum and program building, coaching, research and program evaluation, AI training/evaluation, professional writing, facilitation, and nonprofit/community education. Consistent performance focus: diagnose the actual need, design the right intervention, evaluate quality with evidence and criteria, and translate complex information into usable guidance.

CORE CAPABILITIES

Learning & Development • Leadership Development • Adult Learning • Curriculum & Instructional Design • Performance Diagnosis • Coaching & Behavior Change • AI Evaluation & Quality Review • Research Methods • Program Evaluation • Assessment & Rubrics • Evidence Synthesis • Facilitation • Professional Writing

SELECTED EXPERIENCE

Founder, Consultant & Health and Mindset Coach

Life on Positivity / Ryan & Angela Resilient Health | 2017-Present

- Design development engagements from needs assessment through individualized plans, guided practice, recurring feedback, progress tracking, and reinforcement.
- Build educational content, workshops, assessments, progress trackers, decision aids, and structured support systems; translate behavioral and research concepts for non-specialist audiences.

AI Trainer / PhD & Academic Expert

micro1 | Remote contract | 2026-Present

- Evaluate AI-generated learning, business, and presentation outputs for instruction adherence, reasoning, evidence quality, audience fit, usability, and decision value.
- Apply structured criteria and expert judgment to identify material weaknesses and produce concise, defensible improvement guidance.

Director of Family Support & Education

Family, Friends & Duchenne | 2022-Present

- Lead educational programming, recurring group facilitation, mentoring, and content development; translate scientific, behavioral, advocacy, and practical information into usable guidance.
- Support education and community programs across disability and family audiences while adapting communication to differing needs and levels of expertise.

Job Coach / Life Skills Teacher / Career Counselor

Safford High School | Safford, Arizona | 2008-2011

- Designed and delivered recurring life-skills and career-readiness instruction for 100+ adolescents, including students with disabilities.
- Built lessons, activities, supporting materials, assessments, and practical learning opportunities; adapted instruction using learner needs, IEP goals, accommodations, vocational objectives, observation, and performance.

ADDITIONAL EVALUATION & RESEARCH EXPERIENCE

AI Domain Reviewer

Mercor | Remote contract project | 2026

- Evaluated AI-generated documents, spreadsheets, presentations, and business analyses for reasoning, assumptions, evidence, formulas/models, organization, usability, and decision value under structured rubrics.

Social Media & Online Content Evaluator

Appen | Remote contract projects | 2016-2022

- Classified and evaluated online content using detailed client guidelines for relevance, context, quality, appropriateness, and user experience; maintained consistent standards across repeated judgments.

Web Search & Content Evaluator

Lionbridge | Remote contract | 2011-2012

- Evaluated websites, search results, and online content for relevance, quality, accuracy, appropriateness, and user safety while applying changing project guidelines independently.

External Dissertation Committee Member

University of Dayton | 2026-Present

- Review doctoral research for methodological rigor, evidence quality, conceptual coherence, and alignment among research questions, methods, findings, and conclusions; provide structured scholarly feedback.

RESEARCH & METHODS

Doctoral research included literature review, interview-based qualitative inquiry, research ethics/IRB processes, thematic analysis, evidence synthesis, and long-form scholarly writing. Dissertation: *The Lived Experience Mothers Have With Social Media* (PhD completed 2020).

WRITING, SPEAKING & FACILITATION

Published author of *RECTIFY The Avenging Angel*. Delivered or participated in 100+ speeches, classes, workshops, panels, keynotes, briefings, and educational sessions across professional, educational, nonprofit, health, disability, and community settings.

SELECTED COMMUNITY & DISABILITY LEADERSHIP

Service and education experience includes Parent Project Muscular Dystrophy adult advisory work, Jett Foundation ambassador service, CureDuchenne workshop/conference involvement, and wheelchair-accessibility advisory participation. These roles emphasize stakeholder communication, education, lived-experience expertise, and community leadership.

EDUCATION

PhD, General Psychology | Northcentral University | 2020

M.Ed., Counseling & Human Relations | Northern Arizona University

BA, Liberal Studies | Northern Arizona University